## Part-4, Resurrection of Dharma

**Part-4,** Resurrection of Dharma- divergent views on Adharma, Dharma, society, governance and on different dimensions of sustainable lifestyle (Containing seventy three excerpts from the book: Dharyate iti dharma (revisit of Tao Te Ching by The Lao Tzu) and Paraanjali (a revisit of Gitanjali, Noble priced book by Shri Ravindra Nath Tagore):

## Dear fellow citizens of India and the world

In response to our social media posts dated 01.08 and 03.08.2025 on, "what exactly is 'Resurrection of dharma' Resurrection of dharma', why it is required? When is it required? Has the time for resurrection has arrived?" An overall comprehensive view on Resurrection of Dharma?, We are also being asked to provide "Divergent views on Adharma, Dharma, society, governance and on sustainable life style": before answering individual questions as detailed out in social media posts dated 03.08.2025, Part-2 of Resurrection of Dharma. In this regard the following is submitted, submission contains: 1.Brief outline, 2.Broader submission which contains seventy three (73) subjects presented as Poems/Songs.

\*[These subjects are excerpts from the book Dharyate iti Dharma and Paraanjali, which available for free download at our website: resurrectionofdharma.com, Book, "DHARYTE ITI DHARMA", is a revisit of the 'Tao Te Ching' Chinese classics by great master Lao Tzu. Countless translations and explanations are available in the market of 'Tao Te Ching' in almost every language of the world, but this is the very first revisit known in the last twenty six hundred years by anyone in any language of the world.

'Tao Te Ching' by great master 'Lao Tzu' itself is a masterpiece and most revered book not only in China or in the system of Taoism but by every leader and masters of every caste, creed and colour, and as such it will be refreshing for readers to see songs/Poems from this revisit.

Book, "DHARYTE ITI DHARMA", truly reflects the wisdom of collective consciousness available in Bharat and can equally be referred to by the people,

leaders and premiers of the all the countries in the world, and such readers of this content is requested to share this with the leaders, Prime minister, President, King and queen chancellors of their country as well as to their friends and acquaints. Paraanjali is revisit of Gitanjali (Noble Price) of Great poet Shri Rabindranath Tagore.]\*

## 1. Brief outline

It is for everybody surprise that so called Satan's and Saints appearing to be in agreement when they are pointing toward future but it is said in spiritual circle that when Satan's and Saints come in distant agreement and point toward the same destination/future, the situation can really be said to be alarming/dangerous/turbulent.

While elaborating on present turmoil, Saints while comforting masses are saying in a pleasing manner and merrier tone that the era of truth (Satyug) is coming, wherein everybody will lead a healthy, happy and holy life. In Satyug there will be a total of thirty-three crores of people on the earth and everybody will be like a deity, with plentiful resources at their disposal.

Saints are saying that it is the time of exposition and consequently elimination of evil forces, and at the same appearance and elevation of good forces, hence there is not much to worry about, things are going to be sorted out sooner than expected, all that is needed from public is to continue doing their work and submit their prayer to almighty and wait for thou blessings to descend.

The almost same type of future is being pointed out by the so-called Satan's, who say that the situation on earth has become unlivable and earth cannot sustain the burden of a seven hundred crores plus human population. To sustain at least ninety percent of the human population must be terminated, leaving only ten percent of the population that is approximately seventy crore people on the earth.

If we compare versions of Satan's and Saints, then it will be surprising to note that saints are pointing toward a more horrific turn of events in coming days.

In such a situation what can society do? What is the solution? In the spiritual circle, resurrection of Dharma and Dharma Sansthan (Religion and religious institutions) is being suggested as a viable alternative over and above the forecasts or plan of Saints and Satan's.

In the spiritual circle it is being said that a wider churning is needed in the society as neither the older wisdom can claim a happy future without the Google, you tube, Wikipedia etc. and nor these Neo classics, technologies and gadgets can claim a happy future without the stories of parents and grandparents, masters and Gurus. It is being said that the wider churning is necessary so as to remove the poison mingled in the system and let the nectar/essence remain for the system to survive.

Maybe, to overcome the centuries old problems society has to overtake all the work and responsibilities as needed for the operation and upkeep of local government and start functioning from that concurrent religious place which has maximum space in that given locality and convert all other religious places as its workstations. Society starts from wisdom and resource centres, then from community food and shelter there on all other activities including collection of taxes to be started in a phase manner or as come out from our collective conscious decision.

In view of this society needs to make existing (spacious and prominent) religious centres as centre of local governance cum facilitation cum tourist centres in a fully dharam-Nirpeksh way (for entire society as well as to visitors/tourists) and to actualize this society need to amend and make prayer strictly personal, governance collective and celebration public in place of existing norms. Further non-functional religious centres can be made defunct en masse.

As far as employment is concerned ensuring lively, healthy and wholesome entertainment on a daily basis to its people so that they don't get forced to find refuse in drugs, narcotics, alcohol and internet offered entertainment, will itself

provide direct employment/engagement to six percent of population i.e. 8.125 crores at current statics.

It is in the above thoughts that the following seventy three subjects are presented to showcase why Dharma is important and how we can survive ongoing animosity and move toward a healthy and happy future.

2. Broader submission which contains seventy three (73) subjects presented as Poems/Songs:

1

When dharma is forgotten, ism arises, When sages are ignored, celibacy arises,

when old and wise are sidelined, information arises, when health is forgotten, medicine arises,

When synergy is broken, yoga arises,

When ethics is ignored, confusion and chaos arises,

When harmony and rhythm is broken, diplomacy and brevity arise, and arises the bundles of loyal forces and minister,

Appearance of various qualities, is not the disappearance of larger order?

Give up sainthood, renounce wisdom, and disaster for society is not far off,

Give up kindness, renounce ethics, Loss mutual trust, loss of faith is not far off,

Give up ingenuity, renounce profit, Slavery for community is not far off, These three are outward forms, they are not sufficient in themselves,

Is it not more important to see the self, to realize one's true nature, To fulfill the purpose to live the life

Give up learning; it will be beginning of your troubles,

There is a difference between yes and no,
There is a difference between bad and good,
There is a difference between nonsense and sense,
There is a difference between satin and saint,
These are the benign beginning of senses,

Many has less than they need, Few have much more than they need,

In the spring some hide in the blanket and wake up late,
But sages are awake, like a newborn babe,
Where they know how to cry, and remain close to mother earth,

Oh! People drift, like the waves of the sea
Without direction, like the restless wind,
People are afraid, working as the sacrificial ox of the feast,

Many pretends to be clear and bright, and many project to be sharp and clever, Feeling others to be dim and weak, treating others as dull and stupid,

Everyone appears to be needy, but few are with aim and are confident, Sages know where these people are, and bless such lot,

The greatest virtue, is to follow dharma, It is intangible, all inclusive, within which is the vision,

It is integral, intangible, within it, is the form, It is light and bright, within which is the fragrance and the essence,

Essence and fragrance are real, therein lies the faith and the trust, Therein lays the perception of, creator sustainer and destroyer.

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5

Yield dharma and become whole, pay respect and get blessed,

Be a valley and get filled, be a high and become cloud, be a cloud and rain, When get tired, sleep, when feel like retiring, take a big sleep (die),

Wise embraces the dharma, and becomes an example for all,
Wise doesn't display, their actions shine forth,
Wise never justify themselves, as no one can judge others,
Wise never quarrels, but sort outs the quarrels,

Therefore the sages say,
Yield dharma and become whole,
be one with nature, required things will come naturally,
Are these an empty word?

Stillness does not last long, so do the high wind, Dry spell does not last long, so do the heavy rain,

Heaven and earth are not eternal, so how is it possible for man? He who follows the gain may loss in that,

When you are at one with loss or gain, the loss or gain is experienced willingly,

He who is virtuous becomes master of that, When you are at one with virtue, mastery and followings will always be there

He who believes others, will always be cheated,
He who tasted the trust, will always be trusted.
When we are at one with the dharma, dharma takes care of us,

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7

Who stands can also tiptoe, who earn can also present,
Righteous receives respect, Achiever of it can also boost,
Who maintain pace, can also stride,
Who can endure can also brag,

Standing on own feet, Being righteousness and maintaining pace,
Achievement and endurance brings happiness,
These are necessary food, and mandatory luggage,
These are the basic life sustainer,

Basic life sustainer maintains better system, Therefore knower of the dharma carries them.

From thy born the Dharma raj,

Then the planet and sun,

In that silence and the void,

In that colloidal noise and burning sun light,

In that ever present, perennial and unchanging sky,

Dharma raj created the Maya,
Maya were created, Dharma was procreated,
And created were eighty four lakhs variety,
People call it Maya of Dharma raj

People call it great, being great it flows,

Being continue at flow it circulate, having circulated it returns,

Therefore, Dharma is great, Dharma raj is great,

Planets are great, Sun is great,

Heaven is great, Earth is great,

Spirit is great, sages are great,

These are seven great powers of the universe; the sages are one of them

Man follows earth, earth follows sun, Sun follows Dharma, Dharma follows what is thy the natural,

Those who appears always smiling, within them is heavy turbulence,
Those who appears to be adventurous, carry solid security with them,
Those who appear weightless, have sound and deep foundation,
Therefore the sages working day and night, does not lose sight of subjects,

For sages there is nothing more beautiful or ugly to be seen, Therefore the sages remain unattached and watchful,

Lord of thousand petal of lotus act justly in society,

To be light is to be attached with dharma; to be at rest is to be in god's hands.

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10

A great march always leaves stories,
A good speech always leaves lasting echo,
A good reckoner is always counted,

A good door appears as wall,
A good food require no medicine,
a good marriage is without any knots and expiry
Therefore wise men, take care of all and abandon no one
This is called following the dharma.

Who is good man? Envy, a teacher of a bad man,
Who is a bad man? A good man's charge,
If the students are not care for
If the teacher does not behave like teacher, , confusion arises,
Are these not the basic principles?

Know the strength, of men, of women,
Know the care, of men, of women
Know the both, hold on both,
Be the cloud, be the sea,
Being the water, the eternal flexibility does not depart,

How long you will remain like little child, Psychedelic,
Grow be a man be a woman,
Know the white, know the black,
be an example to the self, ever true and unwavering,
Be one with the dharma,

Know honor, know humility,
Be the valley, be the mountain, ever true and resourceful,
Be one with the nature,

When the block is uncovered, it becomes statue,
When the people pray, it becomes the god.
Thus a great tailor makes stone a statue,
and the greatest tailor, awards statue a status of god.

Do you think you can take over the, world and improve it?

In this Maya, life goes on, Yug changes, People forget the basics, people forget the ethics, People forget the faith, People forget the dharma,

Confusion looms large, weeds and cactus scattered wide,

To clear the confusion,

Christ arises; Paggamber arises, and the Buddha and Mahaveer,

To reestablish the rule of dharma the collective consciousness arises

The world is sacred, the dharma is sacred,

If you try to run it, you will lose,

If you try to control it, you will be finished,

Be with it, live with it,

Sometimes things are ahead, and sometime people are ahead,
Sometimes breathing is hard, sometimes breathing is easy,
Sometime there is strength, sometimes there is weakness,
Sometime one is up, sometime one is down,
So the intelligent avoids, extremes, excesses and complacency,

Sages says, extremes do happens, excesses do happens, that to without complacency.

Whenever you advise anybody, counsel him to use force, only as a last resort, but not to conquer the world,

Weeds, bushes, and bunker spring up, whenever there is war, Looting and construction follows, in the wakeup of Great War,

Construction by looting, smell flesh and blood,
So never take advantage of power,
Force has to be used, and followed with great responsibility,
And the war after every other effort have failed,

That which goes against the dharma, closes as an unnatural end,

This is the way of dharma,

Achieve result, happiness will follow, Achieve result, pride will follow, Stick to dharma, glory will follow, This is the natural way,

One who can stand alone is brave, For other good weapons are instrument of larger confidence,

Weapons are instrument of fear, Wise men should keep them in access, and flaunt them occasionally,

Wiseman should use weapons, only when they have no other choice,

The man of war prefers snatching and acquiring, The man of war rejoices in victory, and delight in killing,

Those who rejoice in victory, and delight in killing, can never fulfill themselves.

The wise man prefers benevolence, victory in war is never a cause for rejoice,

Music and rhythm are dear to his heart,

On sad occasion, precedence is given to the pity and help,

On happy occasion, precedence is given to benevolence,

In the army, the general stands on the left, the commander in chief on the right,
In marriages girl stands on the left, the boy on the right,
This means the war is conducted like marriage,

The purpose of love and war is to finish the other, the purpose of love and war is to become one, Therefore they say there is no rule in love and war,

Love and war are treated as an extra ordinary event, that is why victory in war must be lived, like life after a marriage.

The dharma is definite, and yet differently defined, It covers all; yet it is without form,

One must know, when to stop and when to act, Knowing when to stop, averts trouble, knowing when to act, brings benefit,

Brave can become Dharmic, then they would need no more guidance;
All things would take their course,
Once the parts are combined, all parts submerge into one,
it became whole and take another name,
Dharma in the world is the cover, protecting us from head to toe,

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16

Knowing others is assumption, knowing the self is wisdom, Understanding others is useless, Understanding the self is enlightenment.

> Caring of others, needs information and patience, Caring of self needs clarity and strength,

He who stays where he is, endures, he who knows, has enough is happy, Perseverance is a sign of concurrent weakness and future power,

The dharma covers everything,
From corner to corner, from top to bottom
All things depends on it,
It fulfills life purpose silently, and makes no claim,
It nourishes everything, yet it makes no claim to be the lord,

Everything returns to it,
It is not the small, yet it makes no claim to be great,
It does not show importance, is therefore truly important.

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18

All men come to him, who keeps the dharma, For their lie rest, happiness and rhythm,

Description of the dharma, seems without glory or flavor,

It can be seen, it can be heard,

It can be used and it can be abused, but it cannot be exhausted.

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19

Dharma abides in action, dharma abides in stillness, King and lords should observe this, and then things would develop naturally,

If Kings and lords desire to act, they should act according to dharma,

If Kings and lords desire to be still,

They should sit near the sages, according to dharma,

From within no desire, without desire everything is,

In this way things are at rhythm, and everything is being done,

A truly good man is aware of his goodness, and is therefore good,
A foolish man is not aware of his foolishness, and is therefore fool,
A truly good man does his duty, and enjoys leaving result on almighty,
A foolish man does not perform his duty, and remain always tense about result,

When a truly kind man does something, he tries to leave nothing undone,
When a just man does something, he leaves a great deal to be done,
When a disciplinarian does something, he wants discipline to be maintained,
Resulting in ego clash and unfinished work,
Loosing rhythm and becoming mechanized,

Therefore when dharma is lost, duty is lost, there is goodness,
When goodness is lost there is kindness,
When kindness is lost there is justice,
When justice is lost, there are rituals,
Rituals is the dirt of faith and loyalty,
An initiation of differentiation and indifference,
Culminating to confusion and chaos,

Astrology of the future is one part of the dharma; It is the beginning of work,
Therefore the truly great man dwells on the real, on the goal,
On the flower and the fruit, on the fruit and the seed,
Therefore accepts the duty and rejects the folly.

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21

Motion of the dharma is complete,
Way of the dharma is natural.
Every yoni (living) is born of spirit,
Spirit is born out of Allah/Brahma the cosmos.

The sages aim at dharma,
The wise understands dharma and practices it diligently,

The intelligent argues of the dharma, give it thought now and then,
And then there are delayed gentlemen,
who hear of the dharma and make laughs aloud,

If there were no aim, no understanding, No argument and no laughter, The dharma would not be what it is.

Hence it is said,
Straight path reaches you faster,
Argument delays the journey,
and making fun takes time to settled on,

Highest seems blessing,
Wisdom seems well wishes, Laughter seems effort,
Real seems tough, perfect seems fantasy,
Square seems circular,

Great talent ripens in time, Highest notes, require highest attention, The greatest form is infinitely flexible,

The dharma is all encompassing, The dharma alone nourishes and sustains everything.

Lotus blooms on filthy water,

Beauty blooms on ugliness,

Diamond sparkles on coal,

Goodness glorifies on the base of simplicity.

Therefore have not provide platform for haves,
Easiness arises on the solid security,
Highness arises on hard and deep foundation,
Music is heard in silence,
Rain appears at low pressure,
Civilisation arises on mutual respect and mutual fear,

Therefore the sages carry both.

Life takes birth, grows, and dies without cease,

Creating, sustaining and consuming is the part of nature.

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24

If men have heart and head, then masters can guide them,
Treasure is to remove hunger of belly,
Goal is to remove confusion of heart,
Glory is to remove darkness of mind,
Responsibility is to remove lethargy,
Fear is to remove indiscipline,

Karma can't be left, all has to be done.

The wise therefore rules by sharing,

By cleaning the mind and purifying the heart,

Working and partying together.

Dharyate iti dharma,
Dharma is all encompassing, dharma is full,
Utilize it fully and still it remain full,
unfathomable source of energy of all yoni,

Sharpen the saw, open the knot, brighten the glare, carry the dust,

Oh! Hidden achievable and ever present,

The beginning less and an endless,

The dharma is the forbearer of each yoni (living),

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26

Sun and moon are impartial,

Heaven and earth are impartial,

Air and water are impartial,

They see all the eighty four lakh Yoni as their own,

The sages are impartial; they see all the people as their own,

The space between heaven and earth is working space, To change the shape, to move, to yield,

Required words are understood more, Silence is the best communicator, Hold fast to the basics the undying,

The highest good is like five elements,

Five elements give life to the eighty four lakh species and do not strive,

It reaches to places and so is like the god.

In life, be aware,
In orientation, be goal oriented,
In dwelling, be close to nature,
In meditation, be close to consciousness,

In dealing, be firm and natural,
In speech, be straight,
In ruling, be ethical,

In routine, pray, play and party,
Pray in private,
Play with player,
And party with partner.

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28

Better to fill to the brim than stop short, Under sharpen blade does not serve the purpose,

Scatter the wealth and happiness, then no one can steal it, Share wealth and titles, happiness will follow,

When tired relax, when job is finished retire, When work reappears, take rebirth, this is the way of heaven and earth.

## Soul embraces the body and life appears, For life can one avoid embracing?

Attending age and becoming wise, can one remain as an innocent? Looking and seeing the primal feeling, can one avoid cleanliness

Loving all men and ruling the world, can one retain cleverness?

Opening and closing the gates of happiness, can one cling to attachment?

Understanding and being open to all, can you avoid being watchful?

Giving birth and nourishing, bearing yet not possessing, Working yet not taking credit, leading yet not dominating, Sacrificing, yet not expecting, loving yet not laughing, Is this not the dharma?

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30

Spokes connects wheels rim and hub,

Hub is stationary, rim can rotate,

It is the drive of the vehicle that, define its applicability and suitability.

Clay forms the vessel and covers space, It is the shape and inside space, that define its security and suitability.

Cut doors and window for a room, It is the shape and inside space, that defines its security and suitability.

Shaft in the center, stator in the cover,

It is the capacity of the generator that defines its suitability

What appears is the form and is driven, what does not appear is the drive.

The seven colours are seen by the eyes,
The seven corruption are performed by the public,
The seven tones are heard by the ears,
The seven tastes are tasted by the tongue,
The seven senses are analyzed by the mind,
The seven sentiments are felt by the heart,
The seven energy centers complete the subtle,

Precious of these all pervades the spirit,

Therefore greats are guided by the central, not by surrounding

Sages let go of that and chooses this.

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32

Accept the grace and disgrace,
Accept the fortune and misfortune,
Accept being important as well as unimportant,

What do you mean by accept grace and disgrace?

Do not bother with loss or gain, this is called accepting grace and disgrace.

What do you mean by accept fortune and misfortune?

Fortune and misfortune come as a cycle

So without a misfortune how could there be fortune?

What do you mean by accept being important, as well as unimportant? Do not bother with being a foundation of victory or flag of victory, This is called accepting being unimportant as well as important.

Surrender yourself, and you will be taken care of, Love the world as your own self, then one will receive true love.

Look, it cannot be looked,
Listen, it cannot be heard,
Smell, it cannot be smelled,
Grasp, it cannot be grasped,
It is beyond, form, sound, smell, tangibility,
These are indefinable, and are joined in one.

It is not lamp, bright above and dark below,
It is nothingness and everything.
The form of the formless,
Image of the imageless,
Indefinable and unexplainable,
It has no beginning and is an endless.

See it, hear it, fragrance it,

Experience it, hold it, move with it, stay with it

Know the past; meditate on future, move with present,

Is this not the essence?

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34

Sages are subtle, knowledgeable, wise, responsive, loving,
Their understanding is up to the core,
Because it is up to the core, so it cannot be described,

They are watchful, alert, courteous, yielding,
Simple, sound, hollow and clear and much more,
They can wait quietly, while the, children settle their scores,
They can remain unarmed, even in the center of war,
Performers of the dharma, do not seek result,
Not seeking result, they remain free from bondages,

Let the mind become meditative,

Countless things rise and fall, countless things grow and flourish,

Then return to the source,

Going away from the source is birth,

Going back to the source is death,

These are the way of nature,

Static provides speed, and dynamic provides energy, Knowing static is insight, Knowing dynamic is foresight, Not knowing static and dynamism brings botheration, Understanding both (heart and head) bring joy.

With openness one act godly, acting godly one will be at one with the god,

Being at one with primordial,

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36

People perform for fulfilling their need and desire,
Need of food, sex and structure,
Desire to achieve the goal, or fear to fail,
Desire of nurturing love and being loved,

People avoid when they despise,
People take the work when they fear,
People accept the work when they love,
Work of fear wants to be forgotten,
Work of love wants to be owned and sustain,

People outperform when their identity is questioned,

Therefore saint allows love to precipitate,
fear to evaporate, and identity to maintain,

Fame or wealth, which matter more, Wealth or health, which is more precious, Health or self, which is more desirable,

Who is attached to virtues suffer much, Who is attached to self-suffers none, Who saves can use it in winter,

A self-made man is never unhappy, Who knows when to stop and when to act? Finds himself in time and remains vibrant,

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38

From understanding begins the transcendence, From transcendent begins real accomplishment, From great accomplishment begins the great work, From the great work, begins collective growth,

From collective growth begins, the great country,

From the great nations, begin the societal development, From the great country begins, growth of other nations, Usefulness of these cannot be under estimated,

Great straightness is circular, great fullness is spherical
Great eloquence is treating like self, great wisdom is simplicity
Movement raises temperature, stillness balances heat
Stillness and movement set Maya to continue.

When dharma is practiced,
Time passes in, food and fashion, entertainment and environment,
When Adharma prevails,
Time passes in, fraud and fratricide, in envy and enigma,

There is no greater sin, than Adharmic,

No greater curse, than being unhappy,

No greater misfortune than, younger dying in front of old,

Therefore who understand, this is enough for him to be Dharmic,

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40

By going outside, you may know many parts of the world, By looking through the telescope, you may see many a star, As you move, you loss contact from your near ones, Further you go, you may lose contact, from your own being,

Therefore Sages sees, by looking into inner self, Reaches by traveling inside his being, and achieve by working on the self,

In the pursuit of learning, information from others is acquired, In the pursuit of dharma, Knowledge of self is acquired,

As per the knowledge of others, less and less is done, When nothing is done as per others, real work starts,

World cannot be ruled as per the saying of others,
World cannot be ruled by the doing of others.
The world is ruled by getting things done, as per the dharma,

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42

All things arise from nature, Formed by energy, Shaped by movement of energy, and encompassed by dharma, Thus the eighty four lakh yoni, respect nature and abide by Dharma,

Respect of nature,
Respect of Dharma are commanded,
They do so as it in nature of things,
Therefore all thing arise from nature,

It is dharma, which develops, protect, and love,
It is dharma, which creates and sustains,
It is dharma, which give them freedom,
Give them dream and vision, and give them insight and foresight,
Thus make people strive, work, and research.

That is how dharma making people, creditworthy and visionary,

This is the primal,

The beginning of the universe, is the parents of all things,
Knowing the parents, we know its children
Knowing the sons, yet attached with parents
Maintains the originality,

Desire creates sensation, sensation creates vibration,
When reaction of senses, bypasses the heart,
There comes, the need of bypass surgery,
Speech passes through heart, Provide purity to speech,
Hence, before reacting to the senses,
Great allows senses, to get it purified by the heart,

Strength is strength,
Seeing the distant is insight, moving as per goal is foresight,
Have the insight, have the foresight.
This is learning happiness.

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44

Only powerful, can walk on the main road, For weaker, keeping to the main road seems easy, but for them it is easiest way, to get beaten and cheated,

Therefore main road is for the main, and side road is for the subjects,

When the country side is arrayed in splendor,
The fields are full of flowers, the granaries are surplus,
Then few have to wear gorgeous clothes, carry sharp sword,
And indulge themselves in frontier to maintain freedom,
To protect the possession, to maintain the law and order
So that people can live happily,
They are robber's avoiders, and responsibility realisers.

Firmly established flexible systems last long, Just system stays longer, These are owned by subjects, these are honored by subjects. These are projected by ruler, and these are protected by subjects,

Cultivate freedom in yourself, freedom will be real,
Cultivate freedom in family, freedom will be abound,
Cultivate freedom in city, freedom will grow,
Cultivate freedom in the nation, freedom will be abundant,
Cultivate freedom in the world, freedom will be everywhere,

Therefore look at the self as self,

See the family as family,

See the city as city,

See the nation as nation,

See the world as world,

How do we know the world is like this, close your eyes and see,

Who is filled with possibilities, is like a newborn child, It is blessed by god; it is protected by parents all the time,
As, wasp and serpents can sting him,
Beast can pounce upon him, insects and flies can attack him,

His grip is firm but momentary,
His bones are soft, his muscles weak,
He has not experienced, and indulge in self-play,
He screams, eat and sleep,
clean the stomach, and take bath
This is perfect for growth,
Preparing body is growth,
arranging articles is development,
It is wise to act in time.

Controlling the breath, causes confusion,

If energy is not flows properly, restriction, construction

And causes the early exhaustion,

Whatever is contrary to it, will not work,

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47

Those who know can only talk, those who do not know chatter, Sharpen the senses, maintain your sharpness, Care for your mouth and solve your problem,

Be at one with the environment,
Who has achieved this state, is concerned with partners and counter partner
With evil and good, with humiliation and honour,
This is the correct state of man.

Rule a nation like face rule the body.

Defend a country like reflex action saves the body

Become master of the world by taking side of dharma

How do we know that this is so?

Because, more the eating or less the eating, there is the poorer body.

The faster the eating, the slower the eating,

There is indigestion.

Extra hygienic the food and specialized the food,
There is an appearance of strange disease.
Extra the fasting and extra the regulation,
There is hyperactivity or lethargy in the body.

Similar is the case of country,

More the laws, higher the restriction,

Larger the weapons, clever the tricks,

Abundant the rule and regulation,

There are problems and problem to citizens.

Therefore the wise says;

Take proper diet and body remains fit and healthy,

Maintain rhythm and body remains flexible,

Listen to the body follow the heart, use the head, and enjoy simple and happy

life,

Same is the rule for governance of the country.

When the country is ruled with awareness, the people are simple, When the county is ruled without responsibility, People break law with impunity,

Suffering turns men inward, happiness turns outward,
Suffering when reaches to soul, provides continuous happiness to heart,
Sages suffer for humanity, and always remain connected with soul,
Sages know what the future hold, Sages are aware and active, powerful and
pious,

Country ruled by sages, have divineness in the ruling
In being divine there is all-round happiness,
In the aristocracy of divine or divine aristocracy
There appears perfect harmony in the country and around the country,
Is this not the sincere way of ruling?

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50

Who accommodate others, are entitled to accumulate,
Who are entitled to accumulate, will have to collect the taxes,
Who are entitled to collect the taxes, are obliged to provide Safety, social
security

Those who do so, with responsibly and sincerely are fit to rule,

Who have deep roots can go high, who have deeper and stronger roots, Who have flexible and firm shoots can stand firm and last long,

> Roots of sages is rooted with mother earth, Shoots of sages is stationed with father sky, That's why sages are perfectly fit to rule, This is the mother principle of ruling.

Ruling the country can best be told by ruler,
Ruling the ruled is like preparing the food,
Avoiding the virus and bacteria,
Maintaining the cleanliness in the kitchen,
Warding off the thugs and cheats,
Maintaining the cleanliness of cooks and attendants,
Selecting the raw to have the dish,
Following the recipe and cooking to the optimum,
Serving the food and filling the bellies,
Allowing people to put on the cloth and bowel the movement,
This is so for ruling the country,

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52

A great country is a great country,
It has Ocean to cloud,
Clouds to rain,
Mountains to snow,
Valleys to store,
Plains to flow the river,
Deserts to see the sky,
Forests to see the wild,
Sea to see the world,
Venture and adventure to develop and progress
And sages to maintain the eco system,
Such country remains great country,

Smaller country if does not expend, then its people will try to disintegrate it, In the world of fishes, larger eats smaller, in the world of beast one eats many,

Therefore sages maintain and sustain,
Their boundaries, their environment, and looks the world as a big family,

Dharma is the cover of all things, It is the cover of the good man, and it is the cover of the bad man, Bad man is delayed good man, and good man is delayed saint,

Therefore on the day, when leader is crowned,

The minister and army chief are stalled,

Do not send a gift to him; do not offer your free services to him,

But pray the god,

and request him, to behave as per dharma,

Why does everyone like the dharma so much at first?

Because by dharma, everyone gets, what they seek,

Pardon when they sin, and appreciation when they perform,

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54

In the world, deeds which can be done are not difficult, In the world, deeds which can be done require effort,

In the world, deeds which cannot be done are serene, In the world, deeds which cannot be done require serenity,

Taking things heavily, make you sit down,

Taking thing justly makes you move on,

These are required to move on in life, these are required to enjoy on in life,

Work, act and action require continuity,

Leaving the result to nature maintains this continuity,

Greatness is given by nature, maintained by meditation,
Promises not kept make you past, Promises kept make you move on,
Therefore evil cannot escape, and sages won't claim,

A large tree, is hidden in a tiny seed, Large numbers of seeds are present in a single tree,

Prayer is personal, planning is private,

A single leaf cannot fall, without the permission of whole tree,

Therefore performance is collective affair,

A large fire, is hidden in tiny spark,
A large number of sparks are present in a single fire,
Spark is secret affair, fire is collective affair

People in handling affair, often fail at the end, People in changing stage, often fail at the threshold,

To negotiate the stage, to cross the threshold,

To overcome the inertia, to overcome the latent character,

Extra energy is required, extra efforts are required.

Wise put extra effort during the culmination,

All good things are need to be protected,
All bad things are need to be prohibited,
It is easy to break things in the beginning,
it is easy to scatter things in the beginning,
Therefore wise put extra care in the beginning,
Value the efforts that are hard to put, Value the care that is hard to get,

The one who is non-aligned will fail; the one who is isolated will lose,

Therefore, carry the karma, carry the Dharma

Therefore sages say, be watchful, protect the good, prosper the wise, Check the juvenile, kill the evil, respect the efforts, and carry their team, Faith and procreation are innate in the nature, Those who know the dharma, practice it to remain afresh and aglow,

Why is it so hard to rule?

Because people and ruler forget that,
Innocent calf drinks milk, and clever crow eats cow dung,

Why is it so hard to rule?

Because people and ruler forget that,

Materialists try to complicate the rule

and rebel tries to burn the rule,

Why is it so hard to rule?

Because people and ruler forget that,

Ordinary people work out of selfishness and fear,

Wise people work out of faith and mutual trust,

These are the primal virtues; these are deep and far,
These lead all things toward the dharma,

Below the land there is water, below the ocean there is land,

Ocean is the master of all water,

Clouds come from here, therefore rivers terminate here,

Those who guide the people,

They must give and be like reservoir,

Those who lead the people, must be like river,

When one stand behind the people,
In joy, in crisis and do not leave them alone to die, People feel obliged,
When one reign in this way, people devotes their time for country prosperity,
People dedicate their life to protect their motherland,

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58

Everyone under the sun says,
that my religion is great and beyond compare,
Because these religions are great, they seems different,
If these religions were not different, these would have vanished long ago,

Three measures which can be hold and kept, The first is freedom, the second is sacrifice, and the third is awareness,

From freedom comes responsibility,
From sacrifice comes service to the seniors,
From awareness comes, the eco – the economy, the environment,

Men want freedom, but forget responsibility,

Men want support, but forget sacrifice,

And men try to be at the top, but forget the awareness,

This is certain failure; this is not the way of dharma;

Anyone against the dharma cannot be happy and will not last long.

Soldier stands for security, cannot be violent, Fighter fighting in defense, cannot be angry, Worker working for growth, cannot be vengeful,

Employer who receives more, has to be humble,

Care for the female, thoughts for the ruler, Respect for the enemy, vigil for the night, Are the essence and known as basics of duty,

These are known as basics to deal with the people, These are known as, the ultimate unity with goodness,

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60

Sages always play the host, even for opposing armies,

There is saying among the soldiers, we prefer to be the guest,

There is saying among the soldiers, we prefer to annex,

We do not make a mistake, but wait for host to commit mistake,

This is called marching without appearing to move,

Capturing the enemy without attacking, controlling the territory without owning,

There is no disaster than underestimating the enemy,
By underestimating the enemy, we always loose our attention,
There is no catastrophe, than to, underestimating ourselves,
By underestimating our strength, we give up what we stand for,

When the battle is joined by matching army, one who has dharma on his side win

Dharma is easy to understand, Dharma is easy to practice, Word of dharma has clarity; action of dharma has solidarity, Because most of us live superficial, we do not get knowledge of it, Those who know it are rare; those who do not know it are in fare,

Therefore the wise live in solitude and quietude, even in the market, to observe dharma, to understand dharma, to practice dharma, to act as per dharma.

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62

When people do not fear force, it is the last time that the ruler can introspect and integrate the effort, can listen to the critic and correct, can listen to the masters and modify, can listen to sages and sacrifices,

When people are intruded in their home, when people are harassed at their work,

When people are interfered in day to day activity, it is time for uprising to start,

Therefore they say:

It is necessary for the ruler,

Live local, care for local,

watch the neighbour, support the neighbour

Think global, have concerned for global,

Compassion with brevity is killing; brevity with wisdom is chilling, Of these two which is good and which is harmful?

Something is not favoured in war, and something is not favoured in peace, War and peace,

Which is favoured by heaven and why? Even the saints are unsure of this,

The dharma does not force, yet it overcomes,
Dharma does not chatter, yet it answers,
Dharma does not demand, yet people offer their life,
Dharma seems to offer no aim, yet people find aim in it,
Dharma does not screen, yet nothing slips through it,
Dharma covers all and through it lives are fulfilled,

If population live in constant fear of dying, if breaking the law means that a man will be killed, Who will dare to break the law?

Dynasty of all mercenaries lives on this law,

When, many men in the constant fear of death give up,

Then they are not afraid to die, will it be of any avail to threaten them with

death?

There is an official executioner in the world,
When god takes from one hand, then god gives from two hands.
Man trying to take his place, and become executioner,
Then man needs to observe the way of god,
Else they will only hurt his hand,
Therefore masters say;
Government needs to avoid the role of suppressor and executioner,

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65

Why are the people starving?

Because the rulers eat up the money, by manipulating the taxes,

Materialist eats up the money, by manipulating the rules,

Rebellion burns up the money, by manipulating the mind of its members,

Why do people suicide?

Because society and rulers demand too much of life,

Having little to live on, having little to believe on,

People feel it is better to die, than to value life too much.

Rulers, wherein suicides are rampant, deserve to be removed,

Rulers, who harasses failure cases of suicide, is satanic, deserves punishment,

A child is born gentle and weak, Man is grown flexible and strong, A sapling is gentle and weak, Tree is grown flexible and strong,

At their death they become stiff and weak,
Stiffness and weak is disciple of death,
Gentle and weak is disciple of hope,
whereas flexible and strong, are the order of the day,

Thus an army flexible and strong will win and sustain,
Therefore a young country will win and sustain,
To win and sustain, country has to remain young,

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67

The ocean has to originate the cloud,
The mountains has to originate the river,
The mountain has to maintain continuity of rivers,
the ocean has to maintain continuity of clouds,
Sun is the originator of river and cloud,

Therefore sages has to see,

That ruler has to maintain livelihood of the public,

The public has to maintain taxes of the ruler,

Dharma is the originator of the expenses and taxes.

Birth and death are the way for the individuals,
Breaking and making are the way for the country,
Rise and fall are the way for the society,
Those who originate happiness, maintain liveliness stay longer,
Dharma is the originator of the happiness and liveliness.

Nothing is softer and yielding than air,
Yet for burning nothing is better than air,
The fluid can overcome the solid,
The supple will replace the stiff,
Yet solid is required for fluid to flow and perform,
People knows this, yet very few put it into practice,

Therefore the masters say; he who takes upon himself,
The pressure of softer and fluid is fit to contain them,
He who takes upon the subject, as his son and daughter,
Deserves to be the ruler, Does the truth always sounds truthful?

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69

After a bitter quarrel, resentment must remain, is it necessary? What can one do about it?

Being indifferent is like a dead,
Being in clash is the beginning of fight,
Being in fight is the beginning of war,
Being in war is the beginning of an end,

Unfinished war leads to, diplomacy and fresh approach,

Therefore in nature clash is always continued,

Nature assists in annihilation of bad, and assimilation of good.

A small county has fewer people,
A large country has many people,
Small country needs fewer machines,
a large country should keep fewer machine,

Countries may have boats, carriages and cargoes to foray, and countries may have, armor and armory to protect them,
Government may take,
Money, machines, markets, mercenaries seriously,
Yet people do not enjoy why?

Men like quietude and rhythm in life, why?

As men are happy in their ways,

Men are happy in the sight of neighbour,

Men are happy in the closeness of pets and petals,

Men are happy in living happily, as well as dying happily.

Men take health, wealth, marriage, children, friend and death seriously

That's how society enjoys,

Truthful words are tested, Truthful words are tasted,
Truthful words are hygienic and clean the heart,
Truthful words are truly beautiful,

Sages announce.
Wise understands and says,
Intellectuals argue and claim,
Leaders listen and lead,
Followers follow and take,

To get something, you have to leave something, to get everything, you have to leave everything. The levels in the society and level of the society, depends on how much one leave,

Leave, Love and Live,
Why, what, where, when, how much, to whom,
Dharma is the guide, the sages say so,

Go to the temple, to put flowers upon the feet of god, it will make you decorating Flowers and fragrance of love at your own house,

Go to the temple to light candles before the altar of god, it will make way to remove the darkness of sin and ignorance from your heart and may enlighten you,

Go to the temple

To bow down your head in prayer, it will make
way you learn to bow in humility before
fellowmen,

Go to the temple to pray on bended knees it will make you learn to bend, to lift your own self and other downtrodden

Go to the temple

To ask for forgiveness for your sins,

it will make way from your heart to forgive those
who have sinned against you,

Go to the temple Maybe one day you yourself become temple, Where people come and pray.

Let our work continue with blessing of
God and goddesses,
Let our senses spread like a clear sky,
Let us be clear,
Like a show,
Let us make our work
A sequence of events,
In salutation to thee
In establishing thy desire,
In resurrecting the Dharma,
And establishing the dharma
Sansthan
In eliminating the evils and elevating the gentle,

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At last, it is requested from the fellow citizens of India and the world to join in the process of "Resurrection of dharma and establishment of Dharma Sansthan" eliminating the evils and elevating the gentle as a volunteer, as an expert, as a well-wisher and supporter etc. and be partners in witnessing welcoming change in India and the world.

Above is submitted,
With regard and good wishes
May God bless India and the world,

Your sincerely

Narendra

For the Resurrection of Dharma,

Website: resurrectionofdharma.com), dated: 13.08.2025, Delhi, India,